



TITIKSHA
PUBLIC SCHOOL

ISSUE NO. 3

DRISHTIK ONE

JULY 2024-25

HEALTHY LIFE THE ELIXIR OF LIFE





HALL OF FAME



Titikshians bagged the second position at the International Ethnic Folklore Competition! This achievement is a testament to the power of tradition and unity.

Our students have indeed shown their best and made us all proud with their outstanding performance at an international platform.





ACCOLADES



11TH G.M. DAR SQAY NATIONAL MEMORIAL CUP 2024-25

JIVISHA PASRICHA
CHARVI VERMA
KAVYA SHARMA
VANSHIKA SHARMA
DEEPAKSHA DHIMAN

GOLD
GOLD
GOLD
SILVER
BRONZE

12TH INTERNATIONAL SQAY MASTERS CUP 2024

JIVISHA PASRICHA
VANSHIKA SHARMA

GOLD
GOLD





ACHIEVEMENT LIST OF TTIKSHIANS OF MONTH – JULY

VOLLEY BALL

PLAYERS NAME	CLASS	EVENT	DATE	PLACE
YASHANK GUPTA	XII-D	18TH NATIONAL YOUTH GAMES CHAMPIONSHIP 2024,MADGAON, GOA	13-15/JULY/2024	SECOND
SAKSHAM PHALASWAL	XI-E			
AAYAN SINGH	XI-E			

BASKETBALL

VANI (U-10)	3-A	INTER-SCHOOL BASKETBALL COMPETITION, BRILLIANT CONVENT SCHOOL, PITAMPURA	21-Jul-24	THIRD
PAAKHI (U-14)	6-E			
SHAMBHAVI (U-14)	9-C			
SANVI RANA (U-14)	9-E			
BHOOMIKA (U-14)	7-A			
AANYA (U-14)	8-C			
LAKSHAY (U-14)	9-D			
SAMAR (U-14)	8-E			
VYOM (U-14)	9-E			
RITWIK (U-14)	9-D			
AADITYA MANCHANDA (U-14)	8-C			
PAAKHI (U-17)	6-E			
SHAMBHAVI (U-17)	9-C			
SANVI RANA (U-17)	9-E			
BHOOMIKA (U-17)	7-A			
AANYA (U-17)	8-C			





ACCOLADES



NCC				
SANCHYA	11-C	KHO-KHO		FIRST
AADHYA GUPTA	9-E			
RIYA GAUTAM	9-D			
RIDHIMA	9-B	POSTER MAING		FIRST
SARA PAL	11-B	DECLAMATION		SECOND
SARA PAL	11-B	FIRING		FIRST
AVIKA	9-D	SQUAD-DRILL		SECOND
NANCY	11-F			
RIYA	10-E			
RIYA GAUTAM	9-D			
GUNGUN	9-D			
SANCHYA	11-C			
ANSHIKA	10-E			
AKSHARA	10-A			
KAAVYA RAGHAV	9-D			
KHWAISH	10-A			
AKSHARA	10-A	BEST CADET DRILL		FIRST
ANSHIKA YADAV	9-D	BOOK REVIEW		SECOND
AKSHARA	10-A	GROUP-DANCE		FIRST
SARA PAL	11-B			
SARA BANSAL	9-E			
RIYA GAUTAM	9-D			
RIYA	10-E			
ANSHIKA SHUKLA	10-E			
ANANYA BANSAL	9-D			
AADHYA GUPTA	9-E			
NENCY	11-F			
NIKITA	10-F			
SANCHYA	11-C			
RAGINI	9-E			
NIDHI	10-B			
ANANYA THAKUR	9-A			
DEEPAKSHA	9-A			



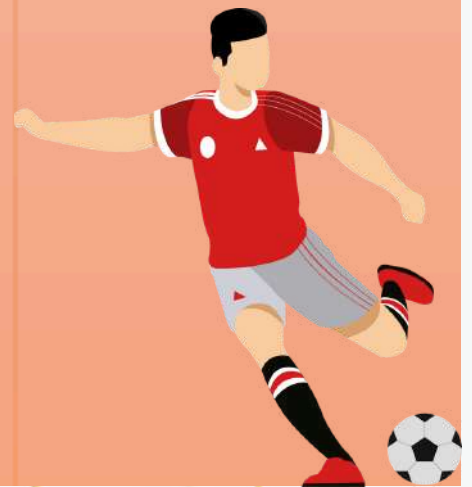
CHAMPIONS KEEP
PLAYING UNTIL
THEY GET IT
RIGHT.





FOOTBALL

Name	Class	Event	Position
Kumar Kartikeya	10	PRE-SUBROTO CUP, CHHATRASAL STADIUM, NEW-DELHI	PARTICIPATION
Aditya Raj Singh	10		
Akshaj Thorwat	10		
Harshit Kumar Saini	11		
Rishabh Singh	10		
Dheer Singh	11		
Gulshan Kumar	10		
Naman Anil	11		
Lakshay Dhingra	11		
Sarthak	10		
Manow Biswakarma	8		
Shashwat Singh	10		
Sarthak Kumar	10		
Arjun Rana	10		
Suresh Bahudur	8		
Ehshan	9		
Bablu	9		
Shubham	9		
Akshit Bisht	12		
Rohan Bahadur Bikee	9		
Rohit Bahadur Veeka	9		
Arjun Bhardwaj	11		
Anish	9		
Golu	8		
Ronny	8		



RECOGNITION OF COMMUNITY SERVICE BY STUDENTS



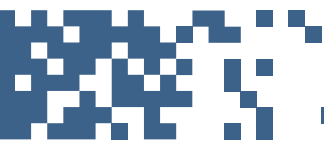
“CHARITY BEGINS AT HOME.”



On 9/7/24, students from grades 8, 9 and 11 were recognized for their outstanding community service efforts during the morning assembly. Their contributions in helping their peers exemplify the principles of inclusive education and community support. The recognition ceremony was held during the school's morning assembly, with the presence of members from the Parent-Teacher Association (PTA). This event highlighted the students' dedication to fostering a supportive and inclusive environment within our school community. These students' actions have set a commendable example of empathy, cooperation, and mutual support. Their commitment to helping others is an inspiration to the entire student body.



International Yoga Day



On 21st June 2024 the School celebrated International Yoga Day with great enthusiasm and participation. The event aimed to promote the importance of yoga in maintaining a healthy lifestyle and mental well-being.

The event commenced with a warm welcome by the school Principal. She emphasised the significance of yoga in daily life and encouraged students to adopt it for better physical and mental health.

Comprehensive yoga session was conducted by a certified yoga instructor. The session included various asanas (postures), pranayama (breathing techniques), and meditation practices. Students actively participated and followed the instructions with great interest.

30 NCC cadets participated in a yoga competition at Bharat Darshan Park at Punjabi Bagh where they achieved third position. These jubilant cadets were felicitated at NCC Bhavan by DDG Brigadier Atulay Bamzal.

The celebration was a resounding success. It not only educated students about the benefits of yoga but also motivated them to incorporate it into their lives.



International Yoga Day



Harmonious balancing of body, mind and soul



WORLD ENVIRONMENT DAY



“IF WE SURRENDERED TO
EARTH’S INTELLIGENCE ,
WE COULD RISE UP
ROOTED LIKE TREES”



World Environment Day, observed on June 5th annually, serves as a pivotal reminder of our collective responsibility to safeguard the planet. This global event, established by the United Nations in 1974, has grown into a vital platform for environmental advocacy, drawing attention to critical issues such as climate change, deforestation, and biodiversity loss. Celebrating this day involves more than just symbolic gestures; it calls for concrete actions and sustainable practices that can make a tangible difference. Schools, as nurturing grounds for future generations, play an essential role in this mission. By incorporating eco-friendly initiatives, such as tree-planting drives, recycling programs, and educational workshops on environmental stewardship, we instill a deep-rooted respect for nature in students. Additionally, fostering a culture of conservation and encouraging students to adopt green habits—like minimising waste, conserving energy, and using renewable resources—amplifies the impact. Through these efforts, World Environment Day becomes more than a date on the calendar; it transforms into a continuous commitment to creating a greener and healthier planet for all.

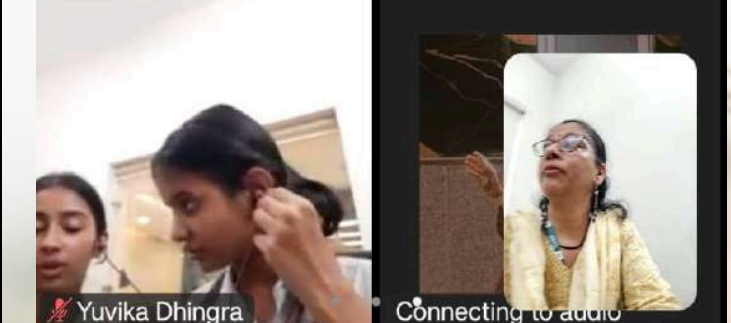
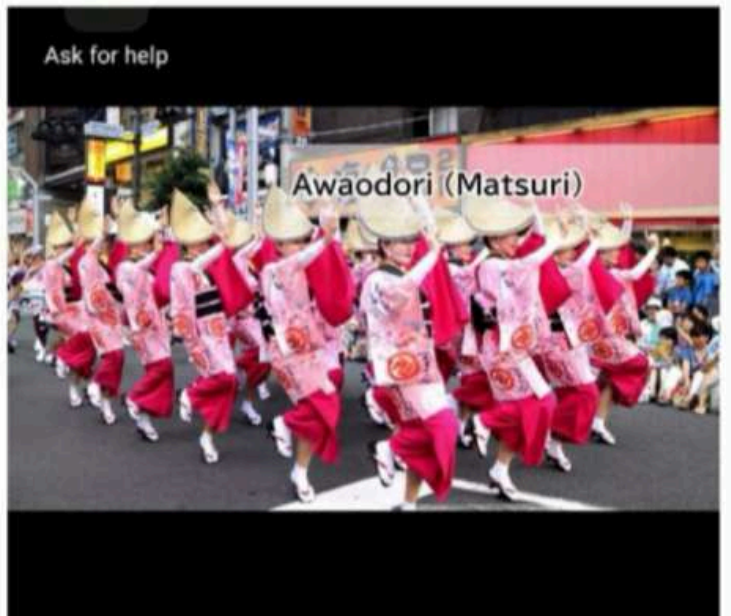


By: Gravika
XII-C

GLOBAL COLLABORATION, NEED OF THE HOUR

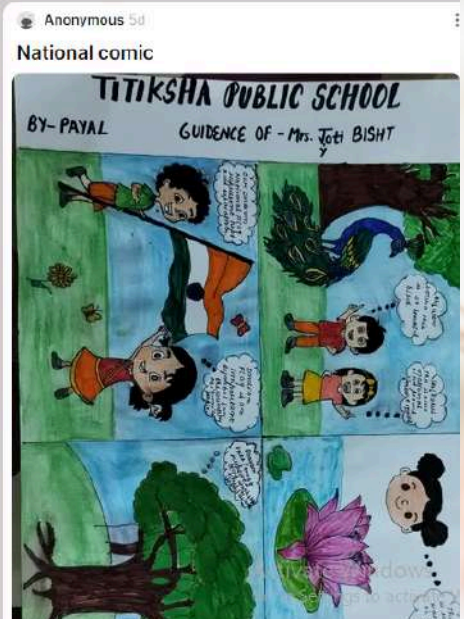
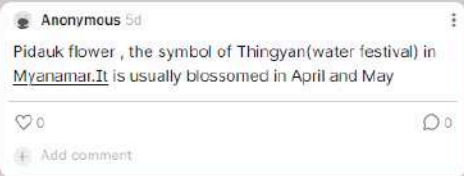
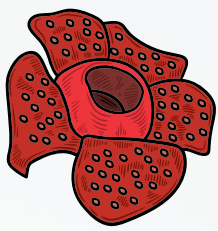


PROVIDING DIVERSE OPPORTUNITIES AND EXPERIENCE FOR THE HOLISTIC DEVELOPMENT





CREATIVITY IN EVERY NOOK AND CORNER OF THE WORLD.





By- Krishna
X-B

The Soul's Garden

Mental Health In the garden of the mind,
where thoughts intertwine,
Lies the essence of our being, Oh! So divine
Yet, shadows fall where sunlight should play,
In this fast-paced world, we've all lost our way
Mental Health, a plant to be cherished has withered, In this toxic world,
the plant has uprooted, lying on the ground tortured
The heart becomes a bird with its wings clipped and bound,
Singing its heart out but without a sound
The bird yearns for its melody to flow untamed,
Deep down through the valleys where fears are named
Yet the world spins on performing its clockwork dance,
Giving every individual a second chance
To plant and nurture the tree that was uprooted,
To hold the hand of the anchor whenever the sea gets catastrophic Imagine a world where souls
are healed,
Where every wound is gently sealed
Where scars are seen as an art of life
Where traumas are seen as a guide
A fragile bloom in a stormy field,
Mental health too needs a shield
A shield of pure love and care,
A shield to protect it even in times of despair .





'MATHEMATICS IS ALL ABOUT BECOMING A CREATIVE THINKER NOT A CALCULATOR'

Keeping this beautiful thought in mind a beautiful mathematical activity was conducted in class 4 on 16.07.2024 . The children were made aware that geometry plays an important role in mathematics and is helpful in our day to day life situations. Students were asked to draw a beautiful scenery using geometrical shapes and draw its line of symmetry .The activity helped kids to develop their aesthetic sense and observation skills in order to solve more complex geometrical problems . Students participated with full enthusiasm and enjoyed themselves during the activity.



GENDER SENSITIVITY

The aim of this activity is to sensitise students towards different genders, develop empathy, and enhance communication skills. Students understood appropriate behaviour, attitudes, and roles, and how they should relate to others. They were shown pictures and asked to identify anything unusual, using critical thinking to analyse cognitive distortions such as the belief that girls are inferior to boys, despite our biological differences which make us unique. Finally, students reflected on their thoughts and understanding of gender.



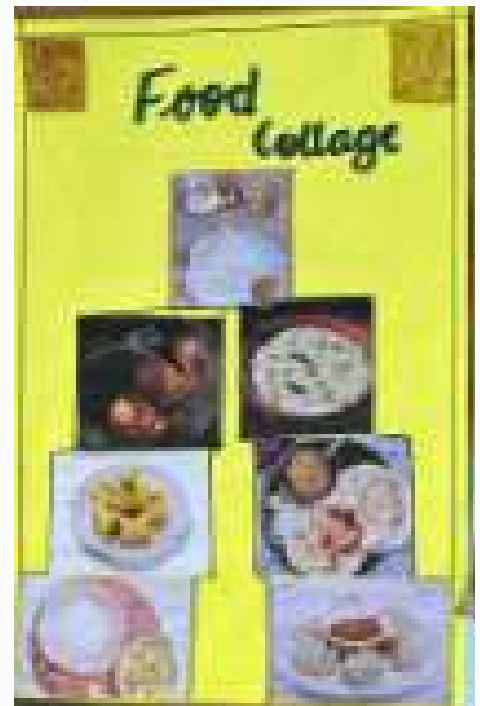
FOOD COLLAGE MAKING ACTIVITY

“Indian food is an art, a science, a way of life.”

All the students of Class VII were actively involved in creating a food collage that represented the various culinary traditions from different regions of India. The activity aimed to encourage students to explore and understand the rich and diverse food culture of India, fostering a sense of unity and respect for different traditions.

Students collected pictures and information about the foods and created a collage. They labelled the dishes and included brief descriptions.

The activity fostered a sense of appreciation for India's diverse culinary heritage. It helped them appreciate the richness of Indian culture and promoted a sense of unity and respect for different regional traditions.



SOCIAL MEDIA

A MIXED BLESSING INTRA CLASS DEBATE ACTIVITY

‘A debate is a collaboration of ideas and an opportunity to expand perspectives.’

Human society bears the impact of the practices of its netizens and the beliefs behind their actions. In the present age of technical metamorphosis, it becomes imperative to keep a check on our screen time and the abundance of available information. With the aim of sensitising our learners towards the baggage called ‘Social Media’ and the word of caution it demands, an intra class debate activity titled “Social Media: A Friend or a Foe” was conducted for grade tenth students. The radical theme triggered the students to research facts about the different platforms of social media. As the students took a stand in favour or against the topic, they tried to incorporate valid and mindful arguments. The English teachers acted as the mediators and ensured that the debate stayed on the track. They also provided the appropriate vocabulary and phrases to the students and helped them with the most meaningful expression of their perspective. This activity strengthened the speaking skills of students and trained them to frame ideas around the theme in the most emphatic manner.





“ZUMBA- WHERE PASSION MEETS THE DANCE FLOOR.”

“DANCE, LAUGH, AND SHINE!”

‘Our grade 3 students had an absolute blast during their Zumba session! With energetic music and vibrant moves, the kids danced their hearts out, turning the activity into a joyous celebration. Their laughter and excitement filled the air as they grooved together, showcasing their coordination and enthusiasm. This fun-filled exercise not only promoted fitness but also brought a wave of happiness and teamwork among the children. It was an unforgettable experience that left everyone with big smiles and a love for dance!’



The image features a soft-focus background of a field of pink cosmos flowers. A large, white, semi-transparent circle is centered in the upper half of the frame. Overlaid on this circle is the text 'TITIKSHIAN SEEDLINGS GOING THE GREEN WAY! CELEBRATING VAN MAHOTSAV' in a dark blue, bold, serif font. The text is arranged in five lines, with the first line being the longest and the last line being the shortest. The overall aesthetic is clean and celebratory.

**TITIKSHIAN
SEEDLINGS GOING THE
GREEN WAY!
CELEBRATING VAN
MAHOTSAV**

“PLANT A TREE, GROW A DREAM!”



Rightly said- “He who plants a tree, plants a hope.”

Grade 2 students of our school recently participated in a plantation drive, where they planted a variety of saplings to contribute to a greener environment. They learned about the importance of trees and how they help keep our planet healthy. This hands-on experience not only nurtured their love for nature but also taught them the value of responsibility and care.



NATURE WALK





CHLOROPHYLL PRINTING



VAN HAMARI SAMPADA PRESENTATIONS

“We are the green team.”



POSTER MAKING

Little Creative Hands At Work...



LEAF COLLAGE MAKING



SOWING THE SEEDS TODAY TO REAP THE FRUITS TOMORROW ..



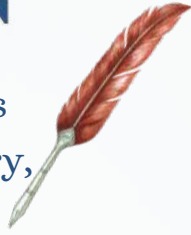


SAVE EARTH RALLY



STORY PRESENTATION

Engagement of children in Language development and Literacy skills through storytelling, as they listen and engage with the rich vocabulary, expressions and narrative techniques used by the storytellers.



STORY NARRATION



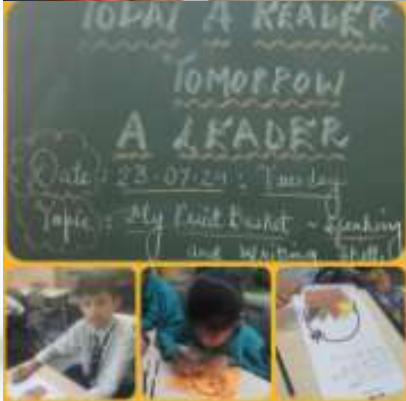
PUPPET SHOW



CELEBRATION OF SHIKSHA SAPTAH

Commemorating the 4th anniversary of the National Education Policy (NEP) 2020 Shiksha Saptah was organized under the National Education Policy (NEP) 2020, aimed to foster an enriching educational environment through various activities. The event focused on holistic development, integrating academic and co-curricular pursuits, and promoting inclusivity in education.

The entire learning was beneficial for learners of all grades of the school as it developed and enhanced not only their academic knowledge but also promoted cultural awareness, physical health, and community responsibility.



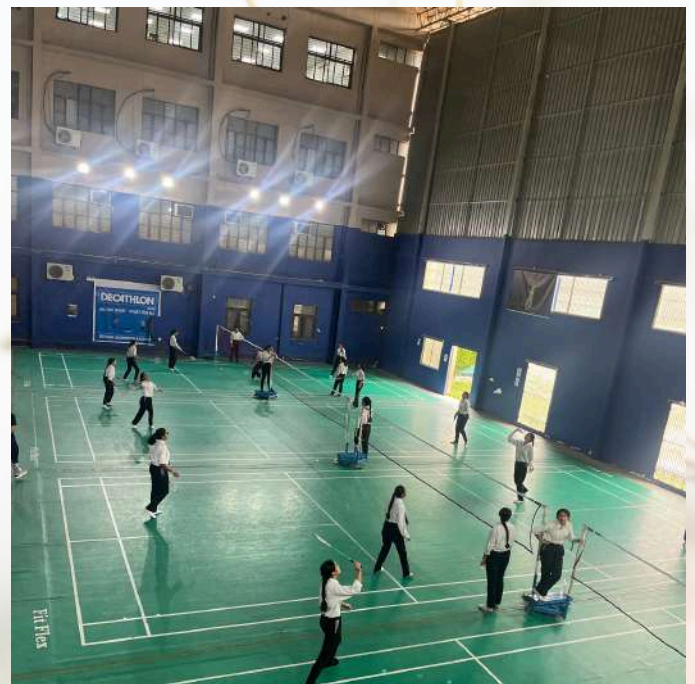
CELEBRATION OF SHIKSHA SAPTAH SPORTS DAY (JULY 24)



In line with the theme of Shiksha Saptah, the Sports Day focused on the indigenous game Lagori, also known as Seven Stones. This traditional Indian game was chosen to encourage students to connect with their cultural heritage and to promote physical fitness in a fun and engaging manner.

The students of Titiksha Public School participated with great enthusiasm and energy. The game fostered teamwork, agility, and strategic thinking among the participants.

The Sports Day was meticulously planned and executed with the collaborative efforts of teachers and staff members. Their dedication ensured the smooth running of the event, providing a safe and enjoyable environment for all the participants.





JOY OF GIVING...



Culmination of Shiksha Saptah with food donation.

"The best way to find yourself is to lose yourself in the service of others."

Food donation is a reflection of the inherent goodness within humanity . Our school took a step forward to help the impoverished living in hunger. A Food Drive was organized by Titiksha Public School on 29th July 2024 on the last day of Shiksha Saptah. The students donated pulao, chapatis and sabji (well packed) to the destitutes.



GLIMPSE OF A TRULY EMPOWERED SOCIETY

Annual training camp was attended by 5 DELHI GIRLS BATTALION during 1-10 July 2024. JW Cadets of Titiksha Public School of Zone-13 participated enthusiastically in various categories and laid their solid foundation.

1. kho kho First (12 cadets)
2. Poster making- First position
3. Declamation category- Second position
4. Squad drill- Secured second position (10 cadets)
5. Best cadet drill by Akshara
6. GROUP dance performance (16 cadets) bagged first position
7. Firing by Sara pal secured First position
8. Book review Anshika yadav secured Second position



The prestigious prize distribution ceremony took place on 8th July, 2024, by honourable Deputy Director General Brigadier Atulay Bamzai .



राष्ट्रीय वन्य जीवन संरक्षण



'साझेदारी बनाओ'

दिनांक 14 जुलाई, 2024 को कक्षा आठवीं के हिंदी कालांश में गतिविधि 'साझेदारी बनाओ' संपन्न हुई जिसमें कक्षा के सभी विद्यार्थियों ने उत्साहपूर्वक भाग लेते हुए अपने-अपने मित्रों के गुणों के बारे में लिखा व बताया। सर्वप्रथम छात्रों को गतिविधि से संबंधित आवश्यक निर्देश दिए गए तत्पश्चात सभी छात्रों ने निर्देशानुसार अपने मित्र/सखी के गुणों (विशेषताओं) के बारे में लिखा। चूँकि यह गतिविधि छात्रों के मित्रों/सखियों से जुड़ी थी इसलिए गतिविधि के दौरान छात्रों का उत्साह देखते ही बनता था। कहीं उनका कोई मित्र किसी अन्य मित्र का नाम न लिख दे जिसके लिए उनको बाद में खेद हो, इस कारण कुछ छात्रों ने अपने दो मित्रों के बारे में भी लिखा। आज की यह गतिविधि बेहद सफल व उद्देश्यपूर्ण रही। इस गतिविधि के माध्यम से छात्रों ने जीवन में 'सच्चे मित्र' के महत्व को जाना व समझा।



बुधवार (10.07.24) को 'राष्ट्रीय वन्य जीवन संरक्षण' की गतिविधि करवाई गई। जिसके अंतर्गत छात्रों ने राष्ट्रीय वन्य जीवन संरक्षण पर कोलाज बनाकर उससे संबंधित जानकारी लिखी एवं वन्य जीवन संरक्षण की आवश्यकता पर चर्चा की। छात्रों ने अपनी कला का प्रदर्शन करते हुए अत्यंत आकर्षक कोलाज का निर्माण किया एवं उससे संबंधित अपने विचारों को कक्षा-कक्ष में प्रस्तुत किया।





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